

2018 Sidney Country Club Junior Golf Academy

July 29th & 30th

OPEN TO ALL

Sunday July 29th 9:00AM – 2:00 PM Putting/Chipping/Short Game

9:00-9:10 Roll Call, Rules of Academy, Fundamentals of Putting
9:10-9:25 Divide into (2) groups Distance Drills & Alignment
9:25-9:40 Divide into (2) groups Short Putting. Reading Greens and Breaking Putts
9:40-10:00 Refreshments – Short Putting Contest
10:00-10:10 Introduction to Chipping
10:10-11:00 Chipping (Long and Short Shots – Working on Accuracy and Distance Control)
11:00-11:30 Chipping Contest/ Up and Down Contest
11:30-12:00 Lunch (Academy will purchase lunch today for all golfers)
12:00-12:30 Pitching Technique and Fundamentals
12:30-1:00 Pitching Practice (4 Small Groups)
1:00-1:15 Refreshments and Short Pitching Contest
1:15-2:00 Mid-Range Pitch & Bunker Shots

Monday July 30th 9:00AM – 3:00 PM Driving/Range/Long Game/Scramble

9:00-9:10 Roll Call, Review Grip, Alignment, Stance, Posture Principles
9:10-9:35 Full and Partial Swings – Distance Control of Wedge Play (Introduction to Greenside Bunkers)
9:35-10:00 Full Swings with (PW-8 Iron) - Again Working on Accuracy and Distance Control
10:00-10:10 Refreshments – Full Swing Contest with Short Irons
10:10-10:30 Work on Full Swing with all Irons (7-Hybrids), When to use what clubs
10:30-10:50 Introduction to Woods (Begin Fairway Woods)
10:50-11:15 Full Swing Contest – Long Irons & Fairway Woods (Hybrids)
11:15-11:45 Lunch (Academy will purchase lunch today for all golfers)
11:45-12:15 Introduction of Driver and Ball Hit Off of Tee (All Shots/All Clubs)
12:15-12:45 Introductions to Sand & Long Grass (Techniques for Full Shots)
12:45-1:00 Refreshments – Long Drive Contest
1:00-3:00 Golf Tournament – 9 Hole Team Scramble

Junior Academy Registration Form – 2018

Name _____ Age _____

Address _____

Telephone # _____ Parents Signature _____

Please make checks payable to: **Sidney CC for: (\$89.00) Includes Lunch on Sunday & Monday.**